

Compiled by: Autism Society of Maine Education Committee 2016

Compiled Maine Care Sections
Autism Society of Maine

Section 17 – Community Support Services

Definition --a rehabilitative service that is provided in the context of a supportive relationship, pursuant to an individual support plan that promotes a person's recovery and integration into the community, and sustains the person in his or her current living situation or another living situation of his or her choice.

Eligibility

- Meets both general Maine Care eligibility requirements and specific eligibility requirements for Community Support Services
- The person is age eighteen (18) or older or is an emancipated minor
- Primary diagnosis of Schizophrenia or Schizoaffective disorder in accordance with the DSM 5 criteria; or
- Another primary DSM 5 diagnosis or DSM 4 equivalent diagnosis with the exception of Neurocognitive Disorders, Neurodevelopmental Disorders, Antisocial Personality Disorder and Substance Use Disorders who:
 - a) has a written opinion from a clinician, based on documented or reported history, stating that he/she is likely to have future episodes, related to mental illness, with a non-excluded DSM 5 diagnosis, that would result in or have significant risk factors of homelessness, criminal justice involvement or require a mental health inpatient treatment greater than 72 hours, or residential treatment unless community support program services are provided; based on documented or reported history; for the purposes of this section, reported history shall mean an oral or written history obtained from the member, a provider, or a caregiver; or
 - b) has received treatment in a state psychiatric hospital, within the past 24 months, for a non-excluded DSM 5 diagnosis; or
 - c) has been discharged from a mental health residential facility, within the past 24 months, for a non-excluded DSM 5 diagnosis; or

- d) has had two or more episodes of inpatient treatment for mental illness, for greater than 72 hours per episode, within the past 24 months, for a non-excluded DSM 5 diagnosis; or
 - e) has been committed by a civil court for psychiatric treatment as an adult; or
 - f) until the age of 21, the recipient was eligible as a child with severe emotional disturbance, and the recipient has a written opinion from a clinician, in the last 12 months, stating that the recipient had risk factors for mental health inpatient treatment or residential treatment, unless ongoing case management or community support services are provided.
- And has significant impairment or limitation in adaptive behavior or functioning
 - And required LOCUS Assessment score (17-21)

Covered Services Could Include:

- Community Integration Services;
 - Community Rehabilitation Services;
 - Intensive Case Management;
 - Assertive Community Treatment (ACT);
- Daily Living Support Services;
 - Skills Development Services;
 - Day Supports Services;
 - Specialized Group Services;
 - Interpreter Services.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 19 – Home and Community Benefits for Adults with Disabilities

Definition --In-home care and other services, designed as a package, to assist eligible members to remain in their homes, or other residential community settings, and thereby avoid or delay institutional nursing facility care.

Eligibility

- The person is age eighteen (18) or older or is an emancipated minor
 - Meets both general Maine Care medical and financial eligibility requirements.
 - Individuals must have a permanent or chronic disability or functional impairment which interfere with his/her own capacity to provide self-care and daily living skills without assistance
 - The projected cost of services under this Section needed by the member on a monthly basis is estimated to be less than one hundred percent (100%) of the average monthly MaineCare cost of care in a nursing facility;
 - A member or applicant who meets the eligibility criteria for nursing facility level of care has been informed of, and offered the choice of available, appropriate and cost effective, home and community benefits;
 - The member selected home and community benefits as documented by a signed choice letter;
 - The health and welfare of the applicant/member would not be endangered if the member remained at home or in the community;
 - The particular services needed by the member are available in the geographic area and a willing provider is available;
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- **Covered Services Could Include:**
 - Adult day health;
 - Care coordination;
 - Environmental modifications;
 - Homemaker services;
 - Home health services:
 - Registered Nurse;
 - Licensed Practical Nurse;
 - Physical Therapy;
 - Occupational Therapy;
 - Speech-Language Therapy;
 - Home Health Aide/Certified Nursing Assistant Services;
 - Medical Social Services;
 - Financial management services;
 - Personal support services;
 - Personal emergency response systems;
 - Respite Services;
 - Transportation Services;
 - Skills Training Services;
 - Medical Social Services;

Limitations

- Cannot be on Section 21 or Section 29.
- Skills Training Services shall not exceed 14.25 hours annually including the hours needed for initial instruction.
- Care Coordination Services or Supports Brokerage Services shall not exceed 18 hours annually.
- Non-covered services are those that are not in the authorized plan of care except as allowed under an acute/emergency episode.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 21 – Home and Community based benefits for individuals with Intellectual Disabilities or Autistic Disorder

Definition — This Maine Care section is offered in a community-based setting as an alternative for members who qualify to live in an Intermediate Care Facility for Persons with Intellectual Disabilities (ICF/IID). It supplements, rather than replaces, natural or community supports already in place. It is not intended to replace Section 29 services.

Eligibility

- Meets both general Maine Care eligibility requirements and specific eligibility requirements.
- The person is age eighteen (18) or older or is an emancipated minor
- Does not receive services under any other federally approved MaineCare home and community based waiver program.
- Has an Intellectual Disability or Autistic Disorder or Pervasive Developmental Disorder (NOS); AND meets the medical eligibility criteria for admission to an Intermediate Care Facility.
- Is receiving services under the waiver for which the estimated annual cost is equal to or less than two hundred percent (200%) of the state-wide average annual cost of care for an individual in an Intermediate Care Facility.

Covered Services Could Include:

- Home Support
- Community Support
- Employment Specialist Services
- Work Support
- Home Accessibility Adaptations
- Specialized Medical Equipment and Supplies
- Communication Aids
- Non-Traditional Communication Consultation
- Non-Traditional Communication Assessments
- Consultation Services
- Counseling
- Crisis Intervention Services
- Crisis Assessment
- Transportation Service
- Occupational Therapy (Maintenance)
- Physical Therapy (Maintenance)
- Speech Therapy (Maintenance)

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

22 – Home and Community benefits for the Physically Disabled Adults

Definition —This section provides medically necessary home and community benefits to MaineCare members who are physically disabled and age eighteen (18) and over.

Eligibility

- The person is age eighteen (18) or older.
- The individual must have the cognitive capacity, as assessed on the MED form to be able to “self direct” their attendant(s).
- Meets both general Maine Care medical and financial eligibility requirements.
- Individual has a disability with functional impairments, which interfere with his/her own capacity to provide self-care and daily living skills without assistance.

Covered Services Could Include:

- o Covered services must be required in order to maintain the member’s current health status, or prevent or delay deterioration of a member’s health and/or avoid long-term institutional care;
- o Skills Training.
- o Supports Brokerage.
- o Financial Management Services.
- o Personal Care Attendant Services (PCA);
- o Assistance with ADL tasks and also may include IADLs and/or health maintenance activities;
- o Personal Emergency Response System.

Limitations

- Must not be residing in a hospital, nursing facility, private non-medical institution, or Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) as an inpatient.
- MaineCare will reimburse for no more than eighty-six and one-quarter (86.25) hours of personal attendant services per week under this Section.
- Skills training should not exceed fourteen and one quarter (14.25) hours annually, including the two (2) hours required for initial instruction.
- Supports Brokerage shall not exceed eighteen (18) hours annually.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 28 Rehabilitative and Community Support Services for Children With Cognitive Impairments and Functional Limitations

Definition- Rehabilitative and Community Services (RCS) is for children or youth up to the age of 21 who have a developmental disability that affects their every day functioning

Eligibility

- The person is under the age of 21.
- Meets both general Maine Care medical and financial eligibility requirements.
- Must have a functional assessment administered within one year of the referral.
- Two standard deviations below the average must be documented on specific state requested evaluation assessments.
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Covered Services Could Include

- Home Support
 - Community Support
 - Work Support
 - Employment Specialist Services
 - Career Planning
 - Home Accessibility Adaptations
 - Assistive Technology

Limitations

- Individuals may not receive services if they are in a residential treatment facility or if they are receiving services in an institution.
- Does not cover services for academics, vocational, recreational or custodial in nature.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 29 Support Services for Adults with Intellectual Disabilities or Autistic Disorder

Definition- Services, including workplace supports, for adults who live either with their families or live on their own.

Eligibility

- Eligibility is determined by waitlist by date of approved application.
- **The person is age 18 or older.**
- Meets both general Maine Care medical and financial eligibility requirements.
- The individual must have an adult services case manager or have begun the transition to an adult services case manager.
- Must live with family or on their own.

Covered Services Could Include

- Community Support
- Employment Specialist Services
- Work Support
- Home Accessibility Adaptations
- Transportation
- Respite Services

Limitations

- MaineCare members can receive services under only one Home and Community Waiver Benefit at any one time.
- A member may not receive Community Support, Work Support, or Employment Specialist Services while enrolled in high school.
- Services are not available to members who reside in an ICF/IID, nursing facility or are inpatients of a hospital.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

SECTION 40 HOME HEALTH SERVICES

Definition- These are services that are provided by a Home Health Agency (HHA) ,which can be a voluntary, public or private organization, or a part of such organization, that is certified under Title XVIII of the Social Security Act for reimbursement for the delivery of home health services. Services are delivered according to orders of a licensed physician and an authorized plan of care that certify the need for Home Health Services.

Eligibility:

- Meets general Maine Care Eligibility Requirements
- Meets the Home Health Services Medical Eligibility Requirements

Services Could Include:

- Supervised home-health aides
- Skills nursing
- Physical Therapy
- Occupational Therapy
- Provision of certain medical supplies needed on a “part time” or “intermittent basis”
- .In a nursing facility (NF) setting, only physical therapy, occupational therapy and/or speech-language pathology services may be delivered by a home health agency if the NF’s MaineCare reimbursement rate does not include these services.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 50-Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID)

Definition- An ICF-MR provides health-related care and a rehabilitative services program for members with intellectual disabilities or members with related conditions who do not require the degree of care and treatment that a hospital or skilled nursing facility is designed to provide, but require care and services above the level of room and board.

Eligibility

- Meets general Maine Care Eligibility Requirements
- Meets Maine care Medical and Financial eligibility requirements
- Individuals must be diagnosed by a physician as having an intellectual disability or a related condition, which is manifested before the person reaches age twenty-two (22).
- Individuals must require active treatment of ICF-IID services, as defined in this Section. An individual's eligibility cannot be based merely on his/her diagnosis.

Services Could include

- Routine Services, Supplies, and Equipment.
- Supplies and Equipment
- Physical Therapy (PT) and Occupational Therapy (OT) services and consultations.
- Speech and Hearing Services.
- Dental Services.
- Pharmacy Services.
- ICF-IID Developmental Training Program.

Limitations

- Not covered services include maintenance therapy PT and OT.
- Private room (single bed), telephone, television, and authorized bed hold days services are not covered.
- Vocational or academic type services are not covered.
- Services covered under other sections are not included.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 65- Outpatient services and Home and Community Treatment (HCT)

Definition- This Section consolidates all Outpatient Services into one Section.

Eligibility

- Meets general Maine Care Eligibility Requirements
- Must be younger than 21 years of age.
- Meets Maine care Medical and Financial eligibility requirements

Services could include:

- Crisis Resolution Services;
- Crisis Residential Services;
- Outpatient Services;
- Family Psycho-educational Treatment;
- Intensive Outpatient Services;
- Medication Management Services;
- Neurobehavioral Status Exam and Psychological Testing;
- Children's Assertive Community Treatment (ACT) Service;
- Children's Home and Community Based Treatment;
- Collateral Contacts for Children's Home and Community Based Treatment;
- Opioid Treatment;
- Interpreter Services;
- Children's Behavioral Health Day Treatment.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 67- Nursing Facility Services

Definition- Nursing Facility (NF) means, a Skilled Nursing Facility (SNF) in the Medicare program or a Nursing Facility (NF) in the MaineCare program which meets State licensing and Federal certification requirements for nursing facilities and has a valid agreement with the Department of Health and Human Services (the Department). "Nursing facility" may include a distinct part of an institution which meets the above requirements. A NF may not be an institution for mental diseases, nor an institution for the intellectually disabled or persons with related conditions.

Eligibility

- Meet the medical eligibility requirements for admission to a nursing facility
or
- Need at least one service seven (7) days per week that are or otherwise would be performed by or under the supervision of a registered professional nurse
or
- Have physical, speech/language, occupational, or respiratory therapy provided at least five (5) days per week as part of a planned program
or
- Meet the threshold for deficits in cognition and/or behavior, but otherwise does not require professional nursing intervention at least three (3) days per week

Services Could include:

- Adult day health
- Care coordination
- Environmental modifications
- Homemaker services
- Home health services
- Financial management services
- Personal support services
- Personal emergency response systems
- Respite services
- Transportation services
- Skills training services
- Medical social services

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 96 Summary- Private Duty Nursing (PDN) and Personal Care Services (PCS)

Definition-Private Duty Nursing (PDN) and Personal Care Services (PCS) are those covered services determined to be medically necessary, when prior approved, and in the best interest of the person according to the orders and written plan of care reviewed and signed by a licensed physician

Eligibility

- Meets general Maine Care Eligibility Requirements
- Must be under the age of 21 in order to receive level IV care.
- Individuals of any age are eligible for all other levels of care.

Services could include

- Private Duty Nursing Services;
- Personal Care Services;
- Venipuncture Only Services (Level VII);
- Medication and Venipuncture Services (Level VI);
- Care Coordination Services;
- Skills Training.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Section 97-Private Non-Medical Institution

Definition- Provides food, shelter, personal care, and treatment services to four or more residents in single or multiple facilities or scattered site facilities. These facilities include; Substance Abuse Treatment Facilities, Medical and Remedial Treatment Services Facilities, Child Care Facilities, Community Residences for Persons with Mental Illness, or Non-Case Mixed Medical and Remedial Facilities.

Eligibility

- Meets general Maine Care Eligibility Requirements.
- Must have needs that cannot be met at a lower level of care.

Services Could Include:

- Physician services;
- Psychiatrist services;
- Psychologist services;
- Psychological examiner services;
- Social worker services;
- Licensed clinical professional counselor services;
- Licensed professional counselor services;
- Dentist services;
- Registered nurse services;
- Licensed practical nurse services;
- Psychiatric nurse services;
- Speech pathologist services;
- Licensed alcohol and drug counselor services;
- Occupational therapy services;
- Other qualified mental health staff services;
- Other qualified medical and remedial staff services;
- Other qualified alcohol and drug treatment staff services;
- Personal care services;
- Other qualified child care facility services;
- Other qualified licensed treatment foster care provider services;
- Interpreter services;
- Nurse practitioner services;
- Physician assistant services;
- Clinical consultant services;
- Physical therapy services.

For more information contact:

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740

Katie Beckett Program

Definition- Katie Beckett is a benefit that reimburses services for children who meet Social Security criteria for disability, but are otherwise not eligible for MaineCare services.

Eligibility

- An individual must not be eligible for MaineCare under any other section.
- The individual must meet medical and financial eligibility requirements.
- Individual is eligible for support until their 19th birthday.

Services Could Include

- Funding for approved Maine Care Services

For more information contact-

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740