



Ongoing Social & Support Groups

*See website for up-to-date info including dates & times!



AUTISTIC ADULT GROUPS

ASM Adult Social Function Group

ONLINE: ZOOM – Also plans in-person meet ups
2nd Thursday of the Month 6pm–7:30pm

Contact asm@asmonline.org

Southern Maine Support Group

ONLINE: ZOOM

1st Saturday of the Month 1pm–2:30pm

Contact Nate: nathanscoveville@yahoo.com
or Robert: robertlagos@maine.rr.com

Maine Autism Connections Discord

Online Community for Autistic Adults 18+. Share resources and make connections!

Contact Jen: info@asmonline.org



COMING SOON/SEASONAL

- Friday Fun Group for pre-k & early elementary homeschoolers (fall): in-person **Orono**
- Tween/Teen Meet-up: in-person **Bangor** Area
- Playground Pals (summer) **locations vary**

Contact Jen: info@asmonline.org

PARENT/CAREGIVER GROUPS

Topics on ASD: Caregiver's Support Group

IN-Person: First Congressional Church– **Bridgton**
3rd Tuesday of the Month 6pm–8pm

Contact Kendra: bridgtonais@gmail.com

ASM Parent/Caregiver's Support Group

IN-Person: ASM Office in **Winthrop**
Last Friday of the Month 6pm–7pm

Ask Cathy ONLINE: ZOOM

Last Friday of the Month 12pm–1pm

Contact Cathy: asm@asmonline.org

YOUTH GROUPS

ASM Teen Social Group (Ages 17-22)

IN-Person: **Bridgton** at the Community Center
2nd Monday of the Month 6pm–7:30pm

Contact Kendra: bridgtonais@gmail.com

ASM Teen Social Group (Ages 11-18)

IN-Person & ZOOM: ASM Office **Winthrop**
Last Friday of the Month 6pm–7pm

Contact Tara: offassist@asmonline.org

Virtual Meet-up for Kids (Ages 8-14)

ONLINE: ZOOM

1st Wednesday of the Month 4pm–5pm

Contact Jen: info@asmonline.org

FOR ANYONE

ASM Bookclub

In-person: **Bangor** at the Bangor Public Library
First Friday of the Month 10am–11am

Contact Jen: info@asmonline.org

ANNUAL EVENTS



APR

Walk for Autism

Westbrook & Bangor



JUN

Family Retreat Weekend

St. Joseph's College
Standish



JUL

Golf Tournament

Meadows Golf Club
Litchfield



SEP

Ride for Autism

Kennebunkport



NOV

Fall Conference

Cross Insurance Center
Bangor

For Fundraising & Sponsorship Info
Contact Tara: offassist@asmonline.org
or call 1-800-273-5200

Find us on Social Media



Last Updated 8/2024

Free Resources

Check out our **LIBRARY!** We mail to your home and include return postage for you to send materials back!



Borrow These Books and More...

Presentations & Webinars!

Contact us for a presentation & visit our YouTube page to view past webinars!



Get Connected!



Sign-up for our Quarterly Newsletter

Autism Information Specialists (AIS)

We're Here for YOU!



WE'LL LISTEN...

and talk one-on-one with families, guardians and individuals.

EDUCATE...

by providing resources, presentations, & workshops.

SUPPORT...

while navigating services and during planning meetings such as IEP's.

& CONNECT!

through community outreach by attending and hosting events!



If you could benefit from an AIS or want to see about having us at your event, **CALL US TODAY!**

Interested in Becoming an AIS?

We're looking for people with lived or professional experience!

To Apply Scan the QR Code
EMAIL: infospec@asmonline.org
OR
CALL: 1-800-273-5200



BECOME A MEMBER

For as little as \$25 a year you can help support us, to thank you, we'll send a small gift. Plus, you'll gain access to our Family Retreat Weekend & Annual Meeting!

<https://www.asmonline.org/join/>



1-800-273-5200

www.asmonline.org

**72B Main Street
Winthrop, ME 04364**

**Office Hours:
Monday - Friday
9:00am to 4:00pm**