

## Section 19 – Home and Community Benefits for Adults with Disabilities

**Definition** --In-home care and other services, designed as a package, to assist eligible members to remain in their homes, or other residential community settings, and thereby avoid or delay institutional nursing facility care.

### **Eligibility**

- The person is age eighteen (18) or older or is an emancipated minor
  - Meets both general Maine Care medical and financial eligibility requirements.
  - Individuals must have a permanent or chronic disability or functional impairment which interfere with his/her own capacity to provide self-care and daily living skills without assistance
  - The projected cost of services under this Section needed by the member on a monthly basis is estimated to be less than one hundred percent (100%) of the average monthly MaineCare cost of care in a nursing facility;
  - A member or applicant who meets the eligibility criteria for nursing facility level of care has been informed of, and offered the choice of available, appropriate and cost effective, home and community benefits;
  - The member selected home and community benefits as documented by a signed choice letter;
  - The health and welfare of the applicant/member would not be endangered if the member remained at home or in the community;
  - The particular services needed by the member are available in the geographic area and a willing provider is available;
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- **Covered Services Could Include:**
    - Adult day health;
    - Care coordination;
    - Environmental modifications;
    - Homemaker services;
    - Home health services:
    - Registered Nurse;
    - Licensed Practical Nurse;
    - Physical Therapy;
    - Occupational Therapy;
    - Speech-Language Therapy;
    - Home Health Aide/Certified Nursing Assistant Services;
    - Medical Social Services;
    - Financial management services;
    - Personal support services;
    - Personal emergency response systems;
    - Respite Services;
    - Transportation Services;
    - Skills Training Services;
    - Medical Social Services;

***Limitations***

- Cannot be on Section 21 or Section 29.
- Skills Training Services shall not exceed 14.25 hours annually including the hours needed for initial instruction.
- Care Coordination Services or Supports Brokerage Services shall not exceed 18 hours annually.
- Non-covered services are those that are not in the authorized plan of care except as allowed under an acute/emergency episode.

**For more information contact:**

- 2-1-1
- DHHS 1-800-452-1926
- Maine Care 1-800-977-6740